



COLUMBAN MISSION INSTITUTE



Centre for Peace Ecology and Justice

Making connections between  
Peace, Ecology and Justice from  
the Gospel perspective

## Growing a Culture of Peace monthly bulletin for parishes and schools!

From the Columban Mission Institute Centre for Peace Ecology and Justice!

### No 2, 2014, “What’s in the Fridge?”

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#### Growing a Culture of Peace Monthly Bulletin

##### # 2 “What’s in the fridge? ”

**March 2nd, 8th Sunday of Ordinary Time. Matthew 6:24-34 “Is not life more than food and the body more than clothing?”**

**Reflection:** I noticed when I visited rural villages in the Philippines that people tended to go to the market daily to buy their food for each day’s main meal. It struck me how much we keep in our fridges and pantries and wardrobes. Many of us are good at storing away things which we don’t really need. I wonder why we do this? How much of our time is spent accumulating this unnecessary stuff? I am grateful to those Filipinos. They reminded me to focus as little as possible on stuff and much more on listening to what I think God is asking me to do, then doing it.

**Fact File:** March 8th is International Women’s Day. The theme for this year is about ending poverty for women and girls through economic empowerment. Columban priest, Fr Vincent Busch, works with the Subanen indigenous community in Mindanao, Southern Philippines. There, the women create handicrafts focussed on the Sacred Story of the Universe and the Wonders of Creation which honors the deep spiritual bond that the Subanen People have with their habitat. Through the Subanen Crafts project, Subanen women produce, promote, and market their art and jewelry. With modest incomes from the sale of their crafts the Subanen women can provide decent food, basic education, and proper health care for their families.

**Learn More:** For more information see “The Grace of Earth” Lenten reflection resource. <http://www.columban.org.au/archives/features/2014/lenten-reflection-the-grace-of-earth>

**Take Action:** See the possibilities for action on “The Grace of Earth” Lenten resource.



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