



COLUMBAN MISSION INSTITUTE



Centre for Peace Ecology and Justice

Making connections between
Peace, Ecology and Justice from
the Gospel perspective

Growing a Culture of Peace monthly bulletin for parishes and schools!

From the Columban Mission Institute Centre for Peace Ecology and Justice!

No 6, July 2014: "Serenity in Difficult Times" Matt 11: 25-30

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Growing a Culture of Peace Monthly Bulletin

6 "Serenity in Difficult Times"

July 6th, 14th Sunday Ordinary Time.

Reflection: "Take my yoke upon you and learn from me." Matt 11: 25-30

When things get tough, the Serenity Prayer used by addicts is a wise and helpful reminder:

"God grant me the serenity to accept the things I cannot change, the courage to change the things I can, and the wisdom to know the difference." It is a reminder that when we trust in God's mercy and love, we are open to accepting responsibility for the consequences of our actions, we can reflect with wisdom on what changes are possible, and we can call on the courage we need to take action for change. Even those with seemingly little power really do have the power to "take on the yoke of Jesus and learn from him" about the way of justice, non-violence and care for the natural world. This reminder is not just for individuals but more especially for political, economic and religious institutions.

Fact File: Steep rises in electricity and gas costs in Australia will affect everybody including families, parishes, schools, low income earners, social welfare recipients, businesses. It will be tough times ahead for many who can least afford it.

Learn More: Seek the facts about the causes of the steep price rises in gas and electricity in Australia and the likely consequences for the poor, for those with power. Who is benefitting? Who is losing? How is the natural world affected? Eg [Read more](#)

Take Action: Join the National Energy Efficiency Network (NEEN) which is coming out of the Catholic Earthcare office. It is supporting faith-based organisations by providing FREE access to information and services which will also assist individuals. [Click here to read more.](#)



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