

How we can Practice Peace With Creation

We can practise being **at peace with creation** everyday and you probably don't even notice. You'll think to yourself how you can help at a young age. Being **at peace with creation** doesn't just mean being peaceful and not fighting with each other, it's just doing all the little things that can make a **MASSIVE** difference. Like smiling at someone because that smile can brighten someone's day up especially if they're feeling down.

One other important way you can practise being **at peace with creation** is just simply picking up rubbish and putting it in the bin as you probably saved an animal's life. To be **at peace with creation** you can also just be more **gentle** with things. For example when holding something delicate, walk with **care** and slowly because if you run and drop it will cause a **big** argument with everyone and that is not being **at peace with creation**. As children we need to **connect** with creation too, to do this we can make goals for the year like using a reusable water bottle more often or engaging with nature weekly meaning go to the park. If you think you can't be **at peace with creation** playing a sport like footy which is physical, you're wrong as you can **break up fights** or try not to be annoying because that can help prevent and stop fights.



At home you can learn about the environment yourself and see the issues in our environment. Since you've seen how **bad** our environment is with everyone not treating it with **respect** and **care** you should start putting action in your own hands. So what are you waiting for? Start making your impact now then learn about being **at peace with creation** and how you can help expand your knowledge.

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